# **Commercial Sexual Exploitation (CSEC) Fact Sheet**

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#### What is CSEC?

Any activity where a minor is treated as a commercial and sexual object to be used, sold or traded in exchange for something of value

\*Can happen to adults also, legally must involve force, fraud, or coercion

\* Exploiters would not exploit if there was not a demand from buyers of sex/sexual material or an acceptance of sex as currency

### Who is exploited?

- Average age someone first experiences CSEC is 12-14
- Survivors are often assumed to be female but male, trans, and non-binary individuals are also exploited

#### What can CSEC look like?

- Exchanging/being asked for explicit pictures/videos
- Adults having a sexual relationship with a minor
- Pornography
- Strip clubs
- Parents/family member receiving drugs or money in exchange for others having sexual involvement with their child
- Exchanging sex for basic needs ("survival sex")

#### **Risk factors**

- History of abuse or neglect
- Running away from home
- History of involvement with Child Welfare or Juvenile Justice System
- New group of older friends/partners
- Inconsistent or no school attendance
- Increased sexualized behavior
- Substance use (including within family or peers)
- Housing instability

## CSEC exists in our neighborhoods.

246 victims in Oregon were identified through 485 signals to the National Human Trafficking Hotline in 2021

## Challenges that make it hard to leave:

Lowered self-esteem/not feeling
deserving of being loved and
respected

Decreased ability to understand, put in place, and enforce personal boundaries

Force, fraud, coercion

Trauma bonding (emotional survival bond with exploiter)

**Psychological manipulation** 

Substance use dependency

Lack of natural/social supports to exit/live differently

Social stigma/lack of understanding about CSEC/trauma

Difficulty developing relationships without harmful imbalances of power in place

Threats and violence from exploiter