



# A Village for One

Uniting our community to uplift, support, heal, and build a home for youth impacted by commercial sexual exploitation and trafficking.

[www.avillageforone.org](http://www.avillageforone.org)

## **Informed Consent Rights and Responsibilities**

A Village for One is a local non-profit with a mission to serve youth in our community who have been sexually exploited or who are at risk for sexual exploitation. At this time we provide mental health counseling on an outpatient basis along with connection to local resources. Our aim is to be part of the team that supports each youth as part of their support team made up of both natural and professional positive support people.

We are located at: 619 Madison St Suite #106 Oregon City, Oregon 97045

### **Informed Consent**

#### **Philosophy of Care**

Each child comes from their own unique experience and needs. We believe in fully accepting each child for where they are in their process and developing self. Through this perspective we provide a holistic healthcare approach that is designed to meet each of their physical, mental, and spiritual needs throughout their healing.

#### **Treatment Options & Medical Necessity**

A Village for One offers individual therapy, family therapy, group therapy, and case management. Skills training may be available if allowed authorized by your health plan. A Village for One does not offer medication management services. However, we are able to collaborate with your current provider or assist you in locating a provider.

All services provided by A Village for One which are billed through your healthcare plan need to meet “medical necessity”. “Medical necessity” means that (1) you have a covered condition (aka a diagnosis) and (2) the services we are providing are expected to make improvements on that condition. Most healthcare plans cover a majority of mental health and substance use conditions.

#### **Treatment Process**

Services with A Village for One start with an assessment. Your clinician will talk with you about your current situation, ask about your history, and make recommendations for services. You will then develop a “treatment plan” together that outlines how services will go and what outcomes are expected.

Our clinicians are able to meet with you in the office or in the community as long as the location is deemed safe for all parties. Clinicians may be able to provide transport, however it will be after a therapeutic relationship is established and must be treatment related.



# A Village for One

Uniting our community to uplift, support, heal, and build a home for youth impacted by commercial sexual exploitation and trafficking.

[www.avillageforone.org](http://www.avillageforone.org)

## **Risks & Benefits**

Mental health services are generally considered effective in treating mental health conditions. There are very few people who report getting “worse” from treatment. However, improvements do require attending appointments and following through with recommendations. Throughout services your clinician will review your treatment goals with you, and update your progress. You may choose to discontinue services at anytime.

## **Minor Consent**

A Village for One may provide treatment to a minor who is 14 years or older in Oregon without consent of a parent. Oregon law requires that parents are involved in treatment before the end of the treatment unless there are very clear, clinical reasons that they should not be involved. These reasons include having been sexually abused by a parent or being “emancipated”.

If as a minor you sign this consent you authorize your clinician to use their best judgement to decide whether to contact your parents or not. Our general policy is to notify the guardians within the first 3 sessions. It is also important to know that your parents have a right to access a minor’s records, unless parental rights have been revoked, up until their minor child turns 18 years of age.



# A Village for One

Uniting our community to uplift, support, heal, and build a home for youth impacted by commercial sexual exploitation and trafficking.

[www.avillageforone.org](http://www.avillageforone.org)

## Rights

A Village for One recognizes the following rights:

- Client can choose from services and supports that are consistent with their service plan, are culturally competent, and provided in the community in the least restrictive setting possible.
- Treatment with dignity and respect
- Client is an active participant in developing their treatment plan
- Services consistent with your treatment plan
- Have all services explained, including possible outcomes and risks
- Ongoing reviews and reassessments of your needs
- Right to a copy of your treatment plan
- Confidentiality and the right to consent and disclosure in accordance with ORS 107.154, 179.505, ORS 179.507; ORS 192.515, ORS 192.507, 42 CFR Part 2 and 45 CFR Part 205.50
- Give informed consent in writing prior to the start of services, except in a medical emergency or as otherwise permitted
  - Minor clients may give informed consent if under 18 years of age and lawfully married, age 16 or older and legally emancipated by the court, or age 14 or older for outpatient services only.
- The right to inspect your Individual Service Record in accordance with ORS 179.505
- Receive prior notice of service conclusion or transfer, unless it poses a threat to health or safety
- Receive medication management or referral for appropriate medication management with clinical case management follow-up specific to individuals diagnosed clinical needs, including medications used to treat opioid dependence.
- Refuse participation in experimentation
- Be free from abuse or neglect and to report any incident of abuse or neglect without being subject to retaliation
- Have religious freedom
- Be free from seclusion or restraint
- Be informed at the start of services, and periodically thereafter, of the rights guaranteed by this rule
- Be informed of the policies and procedures, service agreements and fees applicable to the services provided, and to have a custodial parent, guardian, or representative, assist with understanding any information presented.
- Have family involvement in service planning and delivery
- Have an opportunity to make a declaration for mental health treatment, when legally an adult
- File complaints, including appealing decisions resulting from complaints
- Exercise all rights set forth in ORS 109.610 through 109.697 if the individual is a child, as defined by these rules;
- Exercise all rights set forth in ORS 426.385 if the individual is committed to DHS; and
- Exercise all rights described in this rule without any form of reprisal or punishment.



# A Village for One

Uniting our community to uplift, support, heal, and build a home for youth impacted by commercial sexual exploitation and trafficking.

[www.avillageforone.org](http://www.avillageforone.org)

## **Responsibilities**

There are also responsibilities that come with receiving treatment at A Village for One. These include the following:

**Coverage.** Please bring a copy of your medical card to each appointment if possible. If you are no longer eligible for benefits please notify us so we can assist you in accessing coverage. We will provide appointments during this time as clinically appropriate. We request that you cancel all appointments with a 24 hour notice whenever possible. If there is no one in the office you are welcome to leave a message on the confidential voicemail.

A late cancellation or no-show has an impact. If we have enough notice of a cancellation, we can provide help to someone else. A late cancellation or no show means that we are unable to serve another person.

If you have too many late cancellations or no shows we may ask that you do some things before we allow you to schedule another appointment. This might include calling the day of the appointment, coming during a drop in time, or working with your clinician on other steps to make sure that we are able to meet your needs in a way that works for you.

**Crisis & Emergencies.** Call 911 if you are ever experiencing a medical emergency. If it's during office hours you can call the office for mental health emergencies.

After hours or if a clinician is unavailable you can call the emergency mental health line for your county. These numbers are for times where you feel so overwhelmed you may consider harming someone or yourself.

- Clackamas County (503) 655-8585
- Multnomah County (503) 988-4888
- Washington County (503) 291-9111
- Clark County (360) 696-9560
- Marion County (503) 585-4949

Oregon and Washington also have "warm lines" where you are able to speak with peer counselors. These numbers should be used at times when you need support, but so not feel you are to the point you may consider hurting yourself or others.

- Oregon 1-(800)-698-2392
- Washington 1-(800)-500-9276

In addition, please do not smoke in front of our office building or bring weapons into our office.

**Financial Responsibilities.** A Village for One will check with your health plan to verify your health benefits. We will bill your health plan for you.